

### 30km Run Results

Official Pace Chip				Gender	Category	15km	15km -				
Place	Time	/km	Time	#	Name	City	Pfce/Tot	Pfce/Tot	Category	Split	Finish
401	3:44:48.8	7:30	3:44:09.4	518	SLAUGHTER, KERRY	MISSISSAUGA	193/215	72/77	Women 40 - 49	1:46:20	1:58:30
402	3:44:49.0	7:30	3:44:10.1	400	KATES, LINDA	MISSISSAUGA	194/215	11/16	Women 50 - 59	1:46:20	1:58:30